## STARTERS

STARTERS	
Platter of Assorted Bread served with Basil Pesto, Olive Oil & Balsamic Vinego Great for sharing!	ar. £5.50
Chef's homemade Soup of the Day (V)	
Sma Regular sized bowl served with fresh bread and butter	II Bowl £4.25 7. (GFA) £6.50
Poachers Mezze Platter: Moroccan-spiced hummus, marinated olives and ro aubergine & tomato salad; served with pita bread & melba toast rounds. (VG	0
Goat Cheese Salad: mixed greens with fresh pear and sweet pickled beetroo topped with soft goat cheese, toasted pecans and a sweet balsamic dressing. (	
Homemade Chicken Liver Pâté: smooth pâté flavoured with orange and thyr served with toast and fruit chutney. (GFA) Add a side salad £1.25	me; £6.95
Tomato Bruschetta: garlic & herb seasoned tomatoes on toasted bread; drizzled with olive oil and sweet balsamic glaze and topped with rocket leaves	£5.75 s. (VG)
Roast Jerk spice-marinated Chicken served with pineapple and sweetcorn salsa	a. (GF) £8.00
Smoked Mackerel Pâté served with a dill, yogurt & horseradish dressing, and toast Add a side salad £1.25	t.(GFA) £6.95
Chef's Homemade Fish Chowder: cod, haddock, salmon and vegetables with crispy Asian pork in a creamy broth. (GF)	n £8.00
LARGER STARTERS	
Savoury minced Welsh Black beef pancake topped with glazed mature chedo cheese: a long-standing local favourite from our family recipe.	dar £8.95
Homemade pancake stuffed with spinach & mushrooms in a tarragon and garlic cream sauce and topped with glazed mature cheddar cheese. (V)	£8.25
Add vegetables & chips / potatoes £4.00	
<b>SIDE ORDERS</b> Freshly Baked Bread & Butter: 95p per portion (V) Garlic Toast £3.50 (V) Green Salad: greens, tomato, cucumber & house dressing. £2.95 (V) (GF) Steak cut chips £3.25 (VG) (GF)	
Today's vegetables £3.00 (V) (GF)	(V) - Vegetarian (VG) - Vegan
Deiled by the red beby petetees concerned (1) (CE)	· · · · · · · · · · · · · · · · · · ·

Boiled, buttered baby potatoes £2.50 (V) (GF)

Boiled basmati rice £2.50 (VG) (GF)

(V) - Vegetarian (VG) - Vegan (GF) - Gluten Free (GFA) - Gluten Free Available

## MAIN COURSES

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	Breast of Pan-roasted Chicken set on a duo of red wine sauce and black peppercorn cream sauce, sautéed mushrooms and herb & garlic cream cheese. (GFA)	£17.50
	Seafood Medley: salmon, hake, cod, prawns and mussels cooked with tomato, wine, cream, garlic and herbs. (GF)	£19.95
	Welsh Black Beef cooked slowly in a red wine, beer and onion gravy. Served with Yorkshire pudding.	£19.95
	Pork Fillet Medallions served on spiced red cabbage with a curried apple cider cream sauce and caramelised apples. (GF)	£17.50
	Sautéed fillets of Bass on a lobster cream sauce with Tiger Prawns and leek julienne. (GF)	£21.00
	Braised Welsh Beef cooked with chorizo in a tomato, smoked paprika and red wine sauce. (GF)	£19.95
	Pork Cassoulet: French-style stew with sausage, garlic, tomato, smoked bacon and white beans topped with braised Pork Collar. (GF)	£17.50
	All main courses served with fresh seasonal vegetables and unless already specified, a choice of steak cut chips, boiled basmati rice or buttered, boiled baby potatoes.	
PASTA, CURRIES & MORE		
	Homemade Welsh Black beef Lasagne topped with glazed mature cheddar cheese. Add green salad / vegetables & chip	£13.50 DS £4.00
	Mushroom Pasta: wild, chestnut & button mushrooms in a garlic and herb cream sauce tossed with pasta and finished with pecorino cheese and drizzled with truffle oil. (V)	£13.25
	Prawn Arrabbiata: sautéed chili & garlic prawns finished in a spicy tomato and herb sauce tossed with pasta and finished with parmesan cheese.	£14.25
	Moroccan-inspired Roast Aubergine & Tomato `Spaghetti': flavours of coriander, cumin and harissa in a rich tomato sauce served over organic soybean `spaghetti'. (VG) (GF)	£13.25
	With Baked Halloumi	£14.95
	Chicken Curry: medium-spiced, Balti-style with peppers, tomatoes and coconut cream; served with rice. (GF)	£14.00
	Homemade Vegetable, Chickpea & Sweet Potato Curry in a coconut cream sauce with fresh wilted spinach, tomato and coriander. Served with rice. (V) (VG available - please ask) (GF)	£13.25
	Pork Fillet Schnitzel with fresh lemon; served with chips and a small green salad.	£14.00
	(V) - Vegetarian(VG) - Vegan(GF) - Gluten Free(GFA) - Gluten Free Available	

A 10% service charge will be applied to all groups over 8 people.