STARTERS

SPECIAL Homemade Cream of Vegetable Soup (V)(GF) Small Bow	ıl £4 25
Regular sized bowl served with fresh bread and butter. (GFA	
SPECIAL Poachers' Seafood Cocktail: hot smoked salmon, prawns and 'crab' sticks in a sriracha-infused Marie Rose dressing.	£8.95
SPECIAL Thai Prawns: king prawns cooked with ginger, fresh tomato, coriander and spring onions in a sweet & spicy red chili sauce. (GF)	£9.95
SPECIAL Seafood Chowder: assorted seafood and vegetables in a creamy herb broth; served with fresh bread & butter. (GFA)	£8.25
Platter of Assorted Bread served with Basil Pesto, Olive Oil & Balsamic Vinegar. Great for sharing!	£5.90
Goat Cheese Salad: mixed greens with fresh pear and sweet pickled beetroot topped with soft goat cheese, toasted pecans and a sweet balsamic dressing. (V) (GF)	£7.50
Homemade Chicken Liver Pâté: smooth pâté flavoured with orange and thyme; served with toast and fruit chutney. (GFA) Add a green salad with berry vinaigrette £1.2	£7.50
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Poachers Loaded Hummus: homemade hummus topped with crispy air-fried chickpeas, toasted pumpkin seeds, smoked paprika and drizzled with olive oil. Served with warm pita bread. (VG)	£7.50
Smoked Mackerel Pâté served with a dill, yogurt & horseradish dressing, and toast. (GFA) Add a green salad with house dressing. £1.2	£7.50
LARGER STARTERS	
Savoury minced Welsh Black beef pancake toppedwith glazed mature cheddar cheese: a long-standing local favourite from our family recipe.	£9.25
Homemade pancake stuffed with spinach & mushrooms in a tarragon and garlic cream sauce and topped with glazed mature cheddar cheese. (V)	£8.25
Turn your pancake into a small meal by adding vegetables with chips or potatoes	s £4.00
Boiled, buttered baby potatoes £2.50 (V) (GF) (V) - Ve	
Boiled basmati rice £2.50 (VG) (GF) (GFA) - Gluten Free A	Available

MAIN COURSES

lime-infused mild curry sauce with fresh spinach. (GF) SPECIAL Fillet of Cod with Tiger Prawns; gently cooked and served with white wine, cream, herbs, leek and fennel. (GF) SPECIAL Roast Breast of Chicken served on a sausage, sage & apple stuffing	£21.95 £22.00 £18.95 £18.95	
white wine, cream, herbs, leek and fennel. (GF) SPECIAL Roast Breast of Chicken served on a sausage, sage & apple stuffing	£18.95	
and finished with a chestnut & wild mushroom gravy.	£18.95	
Peppercorn Chicken: breast of Chicken served with a creamy brandy & peppercorn cream sauce. (GF)		
Seafood Medley: assorted fish and prawns cooked with tomato, wine, cream, garlic and herbs. (GF)	£21.95	
Braised Welsh Beef cooked slowly in a red wine, beer and onion gravy. Served with Yorkshire pudding.	£21.95	
Pork Tenderloin Medallions glazed with brandy-infused apple puree, set on grainy mustard mashed potatoes and finished with a green peppercorn cream sauce. (GFA)	£18.95	
Slow-cooked new season shoulder of Welsh Lamb served with a balsamic and rosemary-infused gravy and topped with a Yorkshire pudding. (GFA)	£23.75	
All main courses served with fresh seasonal vegetables and unless already specifie a choice of steak cut chips, boiled basmati rice or buttered, boiled baby potatoes.		
PASTA & CURRIES		
Mushroom Pasta: assorted mushrooms in a garlic and herb cream sauce tossed with pasta and finished with a choice of grated parmesan or mature cheddar cheese. (V)	£13.95	
coriander, cumin and harissa in a rich tomato sauce served over organic	£13.95	
soybean 'spaghetti'. (VG) (GF) With Baked Halloumi	£15.70	
Homemade Beef Lasagne topped with glazed mature cheddar cheese. Add a green salad or vegetables with chips	£14.25 s £4.00	
Chicken Curry: medium-spiced, Balti-style with peppers, tomatoes and coconut cream; served with rice. (GF)	£14.95	
Homemade Vegetable, Chickpea & Sweet Potato Curry in a coconut cream sauce with fresh wilted spinach, tomato and coriander. Served with rice. (V) (VG available - please ask) (GF)	£13.95	
Please make your server aware of any food allergies you have. Full allergen sheet available on request.		
Our kitchen contains all major allergens. (VG)	- Vegan getarian	
Despite best efforts, cross-contamination may occur, and we cannot guarantee any dish is allergen-free (GFA) - Gluten Free A	en Free	

A 10% service charge will be applied to all groups over 8 people.

(GFA) - Gluten Free Available

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